

William Brookes School and Sixth Form NEWSLETTER



## SPORTING EXCELLENCE AT WBS

Congratulations to Dan (Y8) for qualifying for the National U14 Epee Fencing finals in Sheffield in May. He competed in the Midlands competition last weekend and comfortably qualified even though he is a year young. A fantastic achievement, well done Dan and we look forward to hearing how you get on in Sheffield.



Tom (Y7) ran in the Shropshire County Cross Country Championships in Oswestry. He came in a fantastic 23<sup>rd</sup> place. He is the only disabled runner to have competed in the Championships in the last 15 years. A huge congratulations to him.



William Brookes School www.williambrookes.com T: 01952 728900 E: info@williambrookes.com



William Brookes School and Sixth Form NEWSLETTER



### WBS BIRMINGHAM SYMPHONY HALL VISIT



On Wednesday 7th February 2024 45 Year 7 and 8 students visited Symphony Hall with Ms Adams, Miss Jones and Mr Jones. We went to watch the City of Birmingham Symphony Orchestra who performed a special concert for schools. The Orchestra performed a mixture of pieces from Classical Music Styles, Pop Music Styles, and some music from Film and Games Music.

Our students found the concert to be tremendously inspiring. We have a range of orchestral instruments available to learn in school with visiting teachers from Shropshire Music Service. These instruments include:

Woodwind: Flute, Oboe, Clarinet, Saxophone, Bassoon Brass: Trumpet, Trombone, French Horn, Tuba Strings: Violin, Viola, Cello, Double Bass We also have lessons available on the full range of popular instruments. If your son/daughter would like to sign up for peripatetic lessons please contact Ms Adams on victoria.adams@wbs.318education.co.uk for further information.



William Brookes School www.williambrookes.com T: 01952 728900 E: info@williambrookes.com



## WILLIAM BROOKES SCHOOL

#### Expeditions: Bronze and Silver

If you missed the meeting about the expedition section on Monday, please email Miss McCombie to request a copy of the recording.

#### Awards achieved

Well done to all the participants who have been working hard to complete their DofE Awards. If you have put evidence on eDofE it will be reviewed by Miss McCombie before your Award can be sent for verification. Once verified we will then print and distribute certificates. If you havn't heard anything about your Award please check your emails, as if we find any issues you will be emailed telling you how to rectify the problem.

#### Completing DofE Awards

The expedition section is only one quarter of a DofE Award. In order to complete their Award, participants must also complete volunteering, physical activity and learning a skill. Each section must have a report written by an assessor at the end of timescale, which must then be uploaded to the participants eDofE account. If participants are having any problems with completing their Award, please contact Miss McCombie.

If a participant is struggling to find suitable activities for their programme, many ideas can be found at <a href="http://www.dofe.org/dofewithadifference/activities">www.dofe.org/dofewithadifference/activities</a>

Please remember that program plans need to be entered into eDofE for approval before starting the activity. Once the required time has passed, assessors need to write an assessor report which needs to be uploaded as evidence to eDofE. This can be done at <u>www.dofe.org/assessor</u>

#### eDofE App

Participants can access their eDofE account via the DofE App. Participants can now set their activities, record evidence and submit programmes for approval at any time, no matter where they are. The DofE App is currently available for participants to download on Android and iOS. You can download the App by going to the Google Play Store or Apple App Store and searching 'The Duke of Edinburgh's Award'.

#### Open expeditions

If your child is unable to attend the school organised expeditions, then they can join an open expedition run by an Approved Activity Provider (AAP). School uses Chase Training Solutions as their AAP, and the dates of their open expeditions can be found on their website here <a href="https://chasetrainingsolutions.co.uk/dofe-expeditions/">https://chasetrainingsolutions.co.uk/dofe-expeditions/</a>

Other opportunities can be found by searching https://www.dofe.org/opportunity-finder/

## FRIDAY MARCH 1<sup>ST</sup> – WEDNESDAY 6<sup>TH</sup> MARCH 2024 CAN USE WORLD BOOK DAY VOUCHERS ALSO!



Your support helps donate over £5.3 million worth of books to schools every year.

## THE BEST NEW BOOKS FROM ONLY £2.99

## FRIDAY MARCH 1<sup>ST</sup> – WEDNESDAY 6<sup>TH</sup> MARCH 2024



#### **Payment at our Book Fair**

Please check with your school for the best way to pay for your books

- You can pay online at the Fair via card reader machines if your school has one or by using the online payment link at www.bookfairs.scholastic.co.uk/pay and simply selecting your school from the drop down menu.
- Pre-paid gift vouchers are available in
   £5, £10, £15, £20 and £25. Go to
   www.bookfairs.scholastic.co.uk/gift-vouchers
   to buy vouchers for your child before the Fair.
- If you can't attend the Fair in person, your child can order books via a Wish List – please ask your school for details.

#### HELP EARN FREE BOOKS FOR YOUR SCHOOL\*

Scholastic is one of the largest providers of free books to schools via our Reward scheme which helps to ensure that as many children as possible have access to books that support reading for pleasure. Every time you buy from the Book Fair, you help to make a difference by supporting literacy in your child's setting. Last year, with your help, we gave over £5.3M worth of free books to schools nationwide, which stocked school libraries and classrooms.



## FRIDAY MARCH 1<sup>ST</sup> – WEDNESDAY 6<sup>TH</sup> MARCH 2024





Scan the QR code to pay for your books online or visit bookfairs.scholastic.co.uk/pay

## CAREERS INFORMATION



### Local open days

#### Shrewsbury Town and College University

2024 Open Event dates! These open events offer a great opportunity for the students to hear, in detail, our opportunities, Level 2 and 3 courses and our range of facilities at Shrewsbury Town FC College & University.

Students and parents/carers can reserve their place by completing our event booking form on our website: https://www.stfccollegeanduniversity.co.uk/

Our 2024 Open Event dates: Monday 19th February at 7pm Monday 11th March at 7pm - our last event for students to attend!!



01952 299016 (Telford) Open Day

Tuesday 13 February 2024 3 30-6pm

Enquiries@junipertraining.co.uk

kayley.pinches@junipertraining.co.uk Adam.Richardson@junipertraining.co.uk

16-18 study Programme and vocational pathways, traineeships and apprenticeship support.

#### Apprenticeships

Here is a selection of apprenticeship themed events and resources that you might want to use. There are many more, so keep an eye out on your social media channels etc.

### For parents:

There are lots of sources of information out there. A good starting point is the Amazing Apprenticeships Parent pack.

Latest edition here: Support for parents and guardians (apprenticeships.gov.uk)

You could also look at some of the other resources on this site with your child using this link:

Apprenticeship resources for schools, teachers, parents (amazingapprenticeships.com)

I recommend the 'My Story' films. Or the arcade style learning games: <u>Apprenticeship Arcade</u> -<u>Amazing Apprenticeships</u>

You might want to try an online apprenticeship fair. Look out for adverts on social media next week. This one looks interesting. You don't have to be in a unifrog school to attend (Unifrog is a paid for careers platform that some schools use) <u>Unifrog Apprenticeships Fair (vfairs.com)</u>

### For Students

If you are in year 11 you might be starting to look for vacancies. There are a few really great local ones that have been advertised this week which are aimed at school leavers with a start date of September 2024. All year groups can learn more about this option here: Become an apprentice (apprenticeships.gov.uk)

Tarmac (Bayston Hill)

Apprentice Maintenance Engineering Technician tarmac/TP/111/5162 - Find an apprenticeship (findapprenticeship.service.gov.uk)

Caterpillar

Engineering Technician Apprenticeship Level 3 - Find an apprenticeship (findapprenticeship.service.gov.uk)

Severn Trent

Assistant Water Network Technician Apprentice (Level 3) - Find an apprenticeship (findapprenticeship.service.gov.uk)

Apprentice Technical Operator- Water (Level 2) - Find an apprenticeship (findapprenticeship.service.gov.uk) Volvo Trucks

Volvo Trucks Heavy Vehicle Service & Maintenance Technician Apprenticeship - Find an apprenticeship (findapprenticeship.service.gov.uk)

Barratt Homes

Apprentice Carpenter - Find an apprenticeship (findapprenticeship.service.gov.uk)

Hays Travel (Shrewsbury)

Apprentice Travel Consultant - Prestatyn - Find an apprenticeship (findapprenticeship.service.gov.uk)

National Grid

Electricity Distribution Advanced Apprenticeship - Find an apprenticeship (findapprenticeship.service.gov.uk)

Expect to see more vacancies that are open to school leavers coming on in the next few months from childcare to business admin to dental nursing to agriculture to catering to legal administration to IT and many many more

### Coleg Y Drenewydd

GIRLS ONLY SCHOLARSHIP PROGRAMME

in partnership with Newtown College

STARTING SEPTEMBER 2024 GIRLS AGED 16-18 EXTENDED DIPLOMA - SPORT & PHYSICAL ACTIVITY EQUIVILENT OF UP TO 3 A LEVELS CAN ALSO STUDY ALTERNATIVE COURSE

FULL TIME FOOTBALL TRAINING PROGRAMME OVERSEEN BY NEWTOWN AFC ACADEMY STAFF WEEKLY GAMES PROGRAMME GAIN VOCATIONAL EXPERIENCE IN FOOTBALL GAIN FAW COACHING QUALIFICATIONS homestay programme available

### TO REGSITER YOUR INTEREST PLEASE EMAIL THE FOLLOWING INFORMATION TO SCHOLARSHIP@NEWTOWNAFC.CO.UK

NAME | CURRENT AGE | DOB | PLAYING POSITION CURRENT CLUB | CURRENT SCHOOL | PREDICTED GCSE RESULTS BRIEF PLAYING HISTORY | CONTACT NUMBER

Severn Trent Water – Apprenticeship opportunities



Here at Severn Trent, our apprenticeships are not just another job but a purposeful career, helping deliver one of life's essentials and impacting the lives of millions of customers each day. With over 100 apprenticeships opportunities, and 30 programmes for our 2024 intake – with programmes ranging from level 2 to level 6 whether that is in hands-on operational roles, business, or STEM roles, we really do have schemes for everyone.

As a Good Youth Employer, we are an exciting and inclusive place to work, and we care for our colleagues with range of wonderful benefits that reward and recognise great work and award-winning training to ensure each apprentice reaches their potential. Do not just take my word for it but hear from our current <u>apprentices here</u>. <u>https://www.severntrent.com/careers/graduates-undergraduates-and-</u> apprentices/apprenticeships/

Does this sound like a right opportunity for your current or previous students to work? Then they can apply for our current roles right <u>here.</u> <u>https://www.severntrent.com/careers/graduates-undergraduates-and-</u> apprentices/apprenticeships/apprenticeship-programmes/

	Open days		
College /6th form	Always Check Prior to attending. Most now require you to book online prior to event.		
Shrewsbury Colleges Group 01743 342342 www.scq.ac.uk	Open Evenings A levels and Arts Tasters (English and Welsh Bridge) 6 <sup>th</sup> February 2024 4:30pm – 6:30pm		
SHREWSBURY COLLEGES GROUP	Vocational and Technical Tasters (London Road Campus) 22 <sup>nd</sup> February 2024 4.30 – 6.30pm		
Telford College	Open Events		
01952 642200 01952 642237 (Student Services team) www.telfordcollege.ac.uk	Book online		
	31 January20245pm- 7.30pm20 March20245pm- 7.30pm19 June20245pm- 7.30pm		
	VIP personalised tours can be booked online at a time to suit you.		
Shrewsbury Town College & University	Practical Taster session and Open Events Awaiting more dates – see website for details		
https://www.stfccollegeanduniversity.co.uk	Further Education Level 2 & 3 Courses in Sport, Physical Activity and Business		
01743 289177 EXT 8 Recruitment@foundationstfc.co.uk Shrewsbury Town Football Club (Media Suite), Oteley Road, Shrewsbury, SY2 6ST	Higher Education Degree in Sports Development, Coaching and Business		
South Staffordshire College (Rodbaston Campus) 01785 712209 www.southstaffs.ac.uk	Saturday Open Events Saturday 20 January 2024 Saturday 9 March 2024 Saturday 18 May 2024 Saturday 22 June 2024		
South Staffordshire College	All open events are from 10am to 1pm on all sites – please book your attendance on the website!		
V	Hands on taster days during February 2024 half term – see details on website nearer the time.		

Herefordshire, Ludlow and North Shropshire College - WALFORD COLLEGE Walford Colege www.nsc.ac.uk Walford Campus (Near Baschurch, Shrewsbury) 0800 032 1986 Land based Courses	Saturday Open Events <ul> <li>Saturday 3 February - 10am -12.30pm</li> <li>Saturday 15 June – 10am -12.30pm</li> </ul> For enquiries please contact: <ul> <li>info@nsc.ac.uk</li> </ul>
Access Sport (Formerly Coaching Connexions) (Telford ADC)	<ul> <li>For aspiring young people with a desire to work in the sport and active leisure industry. BTEC L2 and L3 courses in Sport based at AFC Telford United Football Ground.</li> <li>Apply here for place and/or open day invite (same form) https://accesssport.ac.uk/applying-for-a-course/</li> <li>7 February 2024 5-7pm interview evening</li> <li>12 February 2024 1-3pm practical event (Half Term)</li> <li>20 March 2024 5-7pm interview evening</li> <li>25 March 2024 1-3pm practical event (Half Term)</li> <li>22 May 2024 5-7pm interview evening</li> <li>27 May 2024 1-3pm practical event (Half Term)</li> <li>The interview Evenings will be at the Telford ADC football club and the practical events at the 4G pitch in Madeley, by the ski slope.</li> </ul>
	Armed Forces Careers Offices01743 232678 (Shrewsbury Army Careers Office, RAF and Navy initial contact point)01902 423892 (Wolverhampton Army Careers Office only)Both open 9am - 5.30pm Monday to Friday and open in school holidays make an appointment first.

Training Providers (Apprenticeship support and study programmes to improve confidence, self-esteem, employability skills, Maths and English retakes)

Further apprenticeship support is also available at Enable (once left School) 01743 276900 and all the local Colleges. Others Below.

https://www.gov.uk/apply\_apprenticeship - The National Apprenticeship Website.

SBC Training	Apprenticeship Support
01743 454810 (Shrewsbury)	Contact SBC for further information and support. Workshop dates throughout the year – dates to be announced.
info@sbc-training.co.uk Amanda.carpenter@sbc-training.co.uk	
Apprenticeships, in Construction, Engineering, accountancy, Digital Marketing, ICT and Business at Level 2 and 3 and Careers Support.	
www.sbc-training.co.uk/vacancies	
Juniper Training	Open Day
Juniper	Wednesday 17 January 2024 3.30pm – 6pm Tuesday 13 February 2024 3.30-6pm Wednesday 27 March 2024 3.30-6pm
01952 299016 (Telford)	Wednesday 29 May 2024 3.30-6pm
Enquiries@junipertraining.co.uk	Contact Juniper for further information and support and individual visits can be arranged.
kayley.pinches@junipertraining.co.uk Adam.Richardson@junipertraining.co.uk	
16-18 study Programme and vocational pathways, traineeships and apprenticeship support.	
Nova Training	Visits can easily be arranged by phoning Sharon Humpheries 07951744289
01952 243380 07951744289	
www.novatraining.co.uk SharonHumpheries@novatraining.co.uk	Study programme, Apprenticeship support, Construction Motor Vehicle workshops

Landau	
Landau	Contact Landau for further information and support
Construction of the second sec	
County Training	Contact County Training for further information and support (September starts only)
E North Stropatile College	Delivering apprenticeships and work-based training across Shropshire and Telford & Wrekin (September start only)
0345 6789023 j.hackett@hlnsc.ac.uk apprenticeships@hlnsc.ac.uk enquiries@countytraining.ac.uk	
Website https://hlnsc.ac.uk/apprenticeships/county- training/	
JTL Electrical Apprenticeships	Electrical Apprenticeships
Joseph Lo 07760554035 0808 5990856	At JTL Telford most courses run from September until July, on some occasions, there is the opportunity to join a group during the year.
https://jtltraining.com/about-us/location- centres/telford/	

Wolverhampton College 01902 836000 www.wolvcoll.ac.uk		Open days 13 January 2024 10-2pm 24 April 2024 4-7pm 15 June 2024 10-2pm For taster sessions please book/organise through Danielle Jones. JonesD@wolvcoll.ac.uk
Incomm Engineering App (formerly MCMT)	5 Manager	Engineering Apprenticeship Training Centre Open day dates. 14 February 2024 10-2
CAREER LIVE UNIVERSITY LIVE	Birmingha Saturday 3	versity? & What Career? Live Im NEC 2 March 11-3pm
	https://ww	w.whatcareerlive.co.uk/events/birmingham/directions



## VISIT OUR TASTER DAYS

WOULD YOU LIKE TO FIND OUT MORE ABOUT APPRENTICESHIPS AND WHETHER IT'S THE RIGHT ROUTE FOR YOU?

Visit our Apprenticeship Taster Days to allow you to fully explore the apprenticeship route.

By the end of the Taster Day you will have gained key skills, knowledge and understanding to enable you to make a more informed choice. The day will support and develop your skills and knowledge across the range of sectors within Engineering and Manufacturing.

### RESERVE YOUR PLACE AT OUR UPCOMING TASTER DAYS

### ALDRIDGE

Tuesday 13<sup>th</sup> Feb 9.00am – 2.30pm

### TELFORD

Thursday 15<sup>th</sup> Feb 9.00am – 2.30pm

## CLICK HERE TO BOOK YOUR PLACE



## William Brookes School PE Department After School Clubs (15:20-16:30) \*unless stated Starting Mon 8<sup>th</sup> Jan 2024 until Fri 22<sup>nd</sup> March 2024



For more live information please subscribe & download the squad in touch app <u>https://app.squadintouch.com/#register</u>

		or Space ss, Astroturf	Sports Hall	Swimming Pool
Monday				Performance Swimming Club (Lane Swimming)
STAFF				Miss Bagnall
Tuesday	Y7-11 Netball	Y9-11 Football	Y7-11 Basketball	Improvers Swimming Club
STAFF	Mrs Jardine	Mr Boak	Mr Wilson	Miss Bagnall & Ms Coleing
Wednesday	Y7&8 Boys Rugby		Badminton * Y7&8 3.20 - 4.10pm *Y9-11 4.10 – 5pm	
STAFF	Miss Jo	ohnson	Mr Bourton & Mrs Hennessy	
Thursday	Y7-11 Girls Football	Y9-11 Rugby	Running Club (After February Half Term)	
STAFF	Mr Boak	Miss Johnson	Mr Ridge/Mr Thurzs	
Friday	Y7&8 Football	Y7-11 Hockey	Wenlock Lightning Netball Club *Y7-9 5.00 – 6pm *Y10-13 6.00 – 7pm	
STAFF	Mr Boak/Mr Parkes	Mr Wilson	Mrs Jardine	



## **Dance Clubs**

5	

Day of the Year Group		Where	Time
Week			
Monday	Year 9-11 Dance Club	Studio 2	3:20-4:20
Wednesday	Year 7-8 Dance Club	Studio 3	3:20-4:20
Wednesday	Elite Dance: Y7-13	Studio 2	3:20-4:20
	(Audition Only)		
Thursday	Year 11 GCSE Dance	Studio 2	3:20-4:20
	Rehearsal/Revision		

Please come and join us at one of the WBS Dance Clubs this year.

Lots of exciting show opportunities coming up!

Bike maintenance club, Open for those whom want to learn how to fix and maintain their bikes. In DT, on Wednesday 1515-1600 Any questions, ask Mr Thursz 💿





Allelujah (12a)	Mon 8 Jan
Indiana Jones And The Dial Of Destiny (12a)	Mon 15 Jan
Winter's Bone (15)	Thu 18 Jan
My Sailor, My Love (12)	Mon 22 Jan
National Theatre Live: Dear England	<b>7pm</b> Thu 25 Jan*
A Man Called Otto (15)	Mon 29 Jan
Book Club – The Next Chapter (12a)	Mon 5 Feb
La Fille Sur Le Pont (15)	Thu 8 Feb

Bar opens 6.30pm

Movie begins 7.30pm

Tickets £5 (Concessions £4) \* National Theatre Live Tickets £10 (concessions £8) in advance from www.ticketsource.co.uk/edgeartscentre or pay on the door

William Brookes School, Farley Road, Much Wenlock 01952 728911

#### The Edge Arts Centre

12 January 2024

#### Tickets for all events: www.ticketsource.co.uk/edgeartscentre

#### National Theatre Live



#### The Motive and the Cue

Thursday 21 March 7pm

Sam Mendes (The Lehman Trilogy) directs Mark Gatiss as John Gielgud and Johnny Flynn as Richard Burton in this fierce and funny new play. 1964: Richard Burton, newly married to Elizabeth Taylor, is to play the title role in an experimental new Broadway production of Hamlet under John Gielgud's exacting direction. But as rehearsals progress, two ages of theatre collide and the collaboration between actor and director soon threatens to unravel. Tickets £10 (concessions £8)



#### Nye Thursday 9 May 7pm

Michael Sheen plays Nye Bevan in a surreal and spectacular journey through the life and legacy of the man who transformed Britain's welfare state and created the NHS.

Confronted with death, Aneurin 'Nye' Bevan's deepest memories lead him on a mind-bending journey back through his life; from childhood to mining underground, Parliament and fights with Churchill. Tickets £10 (concessions £8)

#### Comedy at the Edge



#### Ria Lina - Riawakening

Saturday 4 May 7.30pm

in the aftermath of a global pandemic, comedian and scientist, Ria Lina has had a Riawakening and sees the world differently. In this, her highly anticipated debut tour, Ria tackles the issues of coming out of a global pandemic, the new normal, divorce, dating in a new digital world, motherhood and what it really means to be a woman today. Tickets £16

#### Theatre at the Edge



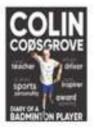
#### Select Society Theatre Company presents Divorced, Beheaded, Died: An Audience with King Henry VIII Saturday 13 April 7.30pm

His Majesty will recount the events of his long reign; telling of his wives and his children, and His Majesty will invite his Loyal Subjects to Petition him or question him on ANY related subject: a lively Q&A is assured! Tickets £14



#### Don't Go Into The Cellar! Theatre Company presents What Ho, Wodehouse Thursday 1 August 7.30pm

Award-winning actor and writer Jonathan Goodwin performs in a brand-new comedy, adapted from some of the early writings of P.G. Wodehouse. Tickets £14



#### Worcester Theatres Charitable Trust presents **Diary of a Badminton Player** Friday 4 October 7.30pm

Colin Cosgrove is a busy man. He's running badminton sessions, his supply teaching job is going 'great guns', and his food delivery work keeps him busy on a Saturday night. But then it all starts to go a little bit wrong, is he losing his mojo? Can he get it back? Can he maintain his status as a top badminton celebrity in Worcester? Find out more and learn some pro sporting moves along the way! Suitable for all ages and players of all racket sports. Tickets £14

20

#### Music at the Edge



#### Band on the Edge Friday 12 April 7.30pm

Formed in 2013 by a group of keen local musicians, the band's repertoire includes early ragtime and hot jazz, ballads and show songs, 30s and 40s swing, Afro jazz, Latin and Jazz rock from the 60s. Tickets £12



#### John Douglas Friday 3 May 7.30pm

Hailing from Irvine on Scotland's west coast, John has a rich history, making music with Trashcan Sinatras for over thirty years. Apart from his role as a songwriter (and guitarist) there, John has been playing live gigs across the UK and Ireland as part of his partner Eddi Reader's band. Tickets £12



#### Kathryn Williams & Withered Hand

Saturday 11 May 7.30pm Kathryn Williams is a Mercury Music prize nominated English singer songwriter who has released 16 albums. Dan Willson is Scotland's acclaimed singer songwriter Withered Hand. He has released three albums and a number of EPs over the last 15 years and has toured internationally.

Tickets £15



#### Steve Harley Come Up And See Me... And Other Stories

Come Up And See Me... And Other Stories Friday 18 October 7.30pm

Come Up And See Me... And Other Stories, will feature music and stories, as Steve tells stories about his career, while playing acoustic versions of the biggest hits. Tickets £28

Premium tickets £70, to include Meet & Greet with Steve Harley, and seats in front rows.





# Taster Days & Events

## **Taster Days:**



1st December 2023

Introduction Day: 6th June 2024

## **Open Days:**



14th October 2023 10:00am - 12:30pm



15th June 2024 10:00am - 12:30pm



## For More Information:

E: info@nsc.ac.uk T: 0800 440 2281 hinsc.ac.uk

Walford College, Baschurch Shrewsbury, Shropshire SY4 2HL

walfordcollege

walfordcollege



















# Your career starts here... Join us for an open event



5pm - 7.30pm 11th October 2023 15th November 2023 31st January 2024 20th March 2024 19th June 2024 or book a 1:1 tour

## **New bus routes starting September 2023**

Ironbridge - Bridgnorth - Broseley - Ironbridge - Madeley - Stirchley - Dawley - Horsehay - Lawley
 Shifnal - Priorslee - Wrockwardine Wood - Trench
 Newport - Muxton - Donnigton - Hadley

## info@telfordcollege.ac.uk 01952 642200







 Would you like to know more about why sleep is important for our health and emotional well- being?

Does your child struggle with their sleep?

o Would you like to access support to help improve sleep and bedtime routines?

Would you like to meet other parents/carers to share and
 discuss experiences?

## SLEEP TIGHT WORKSHOP

The workshops are delivered virtually via MS Teams or face to face at a venue in Shrewsbury All you need for the virtual groups is an email address and an electronic device, and we will talk you through the rest.

Our workshops run for 5 weeks from the start date excluding the School Holidays.

Starts on Friday 12<sup>th</sup> January 2024 from 09.30am to 11.30am in Shrewsbury, venue to be confirmed.

Starts on Friday 12<sup>th</sup> January 2024 from 12.30pm to 2.30pm Virtually via MS Teams

Starts on Friday 23<sup>rd</sup> February 2024 from 9.30am to 11.30am in Shrewsbury, venue to be confirmed.

Starts Friday 23<sup>rd</sup> February 2024 from 12.30pm to 2.30pm Virtually via MS Teams

To book a place on one of our workshops or for further information on the workshops we run please contact the Parenting Team by: Emailing Parenting.team@shropshire.gov.uk Or call us on 01743 250950



www.shropshire.gov.uk General Enquiries: 0345 678 9000





We are delighted to inform you that our school is currently working with Crossroads Together to raise awareness and support young carers within Shropshire. Crossroads Together are the commissioned service in Shropshire to support young carers.

## Who are Young Carers?

A young carer is a young person aged between 6-18 who care for a family member such as mum, dad, brother, sister or grandparents who suffer with a physical disability, poor ill health, learning disability, mental health, or substance and alcohol misuse.

## What do young carers do?

- Practical tasks, such as cleaning, cooking, shopping, general upkeep of the housework
- Personal care, such as helping with

toileting, washing, showering/bathing, and getting dressed

- Sibling Care
- Emotional Support

## What are the impacts?

- Lower grades than their peers if young carers miss time in school
- Poor confidence and self esteem
- Emotional impacts, worry and stress
- Stigma of being a young carer may result in bullying
- Isolation



## Who to talk to?

Anita is the dedicated Young Carers Support Worker in our school, come and chat with her if you are a young carer or think you may be a young carer. She will be in the lunch hall at 1.15pm on 2<sup>nd</sup> Oct Contact your local Young Carers team:

Phone: 07801576326

Email: shropyc@crossroadstogether.org.uk

www.crossroadstogether.org.uk