



Year 7 Dance Terminology	Year 8 Dance Terminology	Year 9 Dance Terminology
<p>Warm up stages:</p> <ol style="list-style-type: none"> 1. Pulse Raising Activity 2. Joint Mobility 3. Flexibility 4. Core Stability <p>Phrase: A sequence a linked dance actions</p> <p>5 Basic Dance Actions:</p> <ol style="list-style-type: none"> 1. Jump 2. Turn 3. Travel 4. Gesture 5. Balance <p>Choreographic Devices:</p> <ol style="list-style-type: none"> 1. Unison: Movements performed at the same time 2. Canon: When movements overlap in time <p>Space & Pathways:</p> <ol style="list-style-type: none"> 1. Formation: Shapes or patterns created in space by dancers. 2. Pathways: Designs traced in space <p>Dynamics: How the movement is performed based on variations in speed, strength and flow</p> <p>Musical Key Features:</p> <ol style="list-style-type: none"> 1. Singing 2. Dancing 3. Acting <p>Characterisation: Demonstrating character through body language and facial expression</p> <p>Motif: A movement phrase encapsulating an idea that is repeated and developed throughout the</p>	<p>Warm up stages:</p> <ol style="list-style-type: none"> 1. Pulse Raising Activity 2. Joint Mobility 3. Flexibility 4. Core Stability <p>Phrase: A sequence a linked dance actions</p> <p>The 5 Basic Dance Actions:</p> <ol style="list-style-type: none"> 1. Jump 2. Turn 3. Travel 4. Gesture 5. Balance <p>Choreographic Devices:</p> <ol style="list-style-type: none"> 1. Unison: Movements performed at the same time 2. Canon: When movements overlap in time <p>Space & Pathways:</p> <ol style="list-style-type: none"> 1. Formation: Shapes or patterns created in space by dancers. 2. Pathways: Designs traced in space <p>Dynamics: How the movement is performed based on variations in speed, strength and flow</p> <p>Musical Key Features:</p> <ol style="list-style-type: none"> 1. Singing 2. Dancing 3. Acting <p>Characterisation: Demonstrating character through body language and facial expression</p> <p>Motif: A movement phrase encapsulating an idea that is repeated and developed throughout the</p>	<p>Warm up stages:</p> <ol style="list-style-type: none"> 1. Pulse Raising Activity 2. Joint Mobility 3. Flexibility 4. Core Stability <p>Phrase: A sequence a linked dance actions</p> <p>The 5 Basic Dance Actions:</p> <ol style="list-style-type: none"> 1. Jump 2. Turn 3. Travel 4. Gesture 5. Balance <p>Choreographic Devices:</p> <ol style="list-style-type: none"> 1. Unison: Movements performed at the same time 2. Canon: When movements overlap in time <p>Space & Pathways:</p> <ol style="list-style-type: none"> 1. Formation: Shapes or patterns created in space by dancers. 2. Pathways: Designs traced in space <p>Dynamics: How the movement is performed based on variations in speed, strength and flow</p> <p>Musical Key Features:</p> <ol style="list-style-type: none"> 1. Singing 2. Dancing 3. Acting <p>Features of Production:</p> <ol style="list-style-type: none"> 1. Lighting 2. Costume 3. Aural Setting (Sound)



<p>dance.</p> <p>Rhythm: Repeated patterns of beats or sounds</p> <p>Polyrhythm: Multiple, different rhythms played at the same time.</p>	<p>dance.</p> <p>Motif Development: Ways in which a movement phrase can be varied</p> <ul style="list-style-type: none"> • Addition • Size • Speed • Direction • Levels • Dynamics • Fragmentation • Retrograde • Instrumentation 	<ol style="list-style-type: none"> 4. Physical Setting 5. Movement <p>Characterisation: Demonstrating character through body language and facial expression</p> <p>Motif: A movement phrase encapsulating an idea that is repeated and developed throughout the dance.</p> <p>Motif Development: Ways in which a movement phrase can be varied</p> <ul style="list-style-type: none"> • Addition • Size • Speed • Direction • Levels • Dynamics • Fragmentation • Retrograde • Instrumentation <p>Dance Relationships: The ways in which dancers interact; the connections between dancers.</p> <p>Accumulation: When a dancer performs a series of movements and others join in at different times until all perform in unison.</p> <p>Counterpoint: When dancers perform different phrases simultaneously.</p> <p>Mirroring: Performing a dance phrase in a mirror image</p> <p>Action Reaction: An action performed in a reaction to another</p> <p>Physical Skills:</p> <ol style="list-style-type: none"> 1. Mobility 2. Isolation
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Key Stage 3 Dance Knowledge Organiser



3. Control
4. Strength
5. Flexibility
6. Alignment
7. Balance
8. Posture
9. Extension
10. Co-ordination
11. Stamina

Props: A physical item used on stage or in a performance