0 IJ w/e 29.11.24 WBSpotlight

SHINING A LIGHT ON OUR AMAZING SCHOOL

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## **Dear WBS families**

This week, we conducted our tutor five-minute check-in appointments, which we hope parents found beneficial for connecting with their child's tutor. In a busy secondary school, parents sometimes feel they lack sufficient information about school activities. To address this, we ensured a designated time for you to meet with the tutor, who serves as the first point of contact.

We have had a busy week finalizing arrangements for the Christmas market, which will be prominently featured next week. The students have been delightful to work with on this project. Year 13 students have worked incredibly hard during their mock exams this week.

Next week, we will return to our normal 2/2/1 split schedule. In the Spotlight, you will find information about the upcoming biathlon, an event we are incredibly proud to host again this year.

Also, a reminder regarding the presentation to update the William Brookes School community on plans for the improvement of the school buildings, which will take place on 5<sup>th</sup> December from 5:30pm - 6:00pm at William Brookes School. There will be an opportunity to ask questions, see the site as it is and to understand the journey up to this point and into the future.

Notes will be taken on the evening and will be available on request after the event.

We look forward to seeing you at the Christmas market—don't forget to wear your Christmas jumper!

**Mrs Mincher, Acting Deputy Headteacher** 

## The WBS potlight



The Edge

BOOK ONLINE:

WWW.TICKETSOURCE.CO.UK/EDGEARTSCENTRE



MUCH WENLOCK 🤻

What's On



The Edge Comedy Club Sat 30 Nov | 19:30 | £15 Shazia Mirza/Mitch Benn/Sachin Kumarendran



Thelma (2024) (12a) Mon 2 Dec | 19:30 | £6 (5)



Cinema Live: Girl from the North Country (15)

Thu 5 Dec | 19:00 | £12 (10)



**Broad Band** 

Fri 6 Dec | 19:30 | £12



Make Much Wenlock Weird Sat 7 Dec | 20:00 | £15 AJA, ecolagbohrsac2021 & Infernal Machines



A Street Cat Named Bob (12a)

Mon 9 Dec | 19:30 | £6 (5)

## **Book Online:**

www.ticketsource.co.uk/edgeartscentre edgeartscentre.com





## Extra-curricular





## William Brookes School PE Department After School Clubs (15:20-16:30) \*unless stated



Starting Mon 9th Sept 2024 until Easter 2025

Outdoor Space MUGA, Grass, Astroturf			Sports Hall	Swimming Pool	
Monday				Performance Swimming Club (Lane Swimming)	
STATE				Mrs. Bagnall	
Tuesday	Y/ 11 Netball	Y7-9 Boys Rugby	Y/ 11 Hasketball	Improvers Swimming Club	
STAFF	Mrs Jardino	Miss Johnson	Mr Wilson	Miss Bagnail & Ms Cololog.	
Wednesday	Y788 Football	Girls Rugby	Badminton *Y7&8.3.20 - 4.10pm *Y2-77.4.27 - 3pm		
STAFF	Mr Boek	Mes Johnson	Mr Sourton		
Thursday	Y7-11 Girls Football	Y10-11 Rugby		Beginners Swimming Club	
STAFF	Mr Boak	Miss Johnson		Miss Bagnall & Ms Coleing	
Friday	Y9-11 Football	Y7-11 Hockey	Wenlock Lightning Netball Club *Y7-9 5.00 – 6pm *Y10-13 6.00 – 7pm		
STAFF	Mr Parkes	Mr Wilson & Mrs Hennessy	Mrs Jardine		



## **Dance Clubs**



2024/2025

Day of the Week	Year Group	Where	Time
Monday	Year 9-11 Dance Club	Studio 2	3:20-4:20
Tuesday	Year 11 GCSE Dance	Studio 2	3:20-4:20
'	Rehearsal/Revision		
Wednesday	Year 7-8 Dance Club	Studio 2	3:20-4:20
Thursday	Elite Dance: Y7-13	Studio 2	3:20-4:20

Please come and join us at one of the WBS Dance Clubs this year.

Primary Dance and Summer Dance 2025 are coming up! Come along and be a part of our shows!

## Success outside the Classroom interview

Leo, Year 9 has high ambitions:

Ever wanted to be a professional footballer? Leo tells us about life as a player in an academy:

### **Diet**

Every morning and evening, Leo takes supplements to support muscle growth, gut health and bone strength

- Breakfast 4 eggs for protein
- Snacks are protein bars cooked meats (protein rich)
- Evening meal will be balanced protein and a mixture of vegetables
- Protein shake

Protein shakes might include: chia seeds, frozen berries, banana, oats, milk, honey, peanut butter, Greek yoghurt blend and eat. Like junk food? Only in moderation. Too much processed food gives Leo headaches and affects his performance – better to have pasta with a multi veg sauce (sometimes with a fried egg on top). Protein is the name of the game.

### **Fitness**

Leo trains three days a week and has a match on another. Three or four times a week Leo trains in the gym with a focus on leg strength. Pre match gym often moves to upper body strength to avoid injury.

Leo has dislocated his knee twice. This put him out of action for 4 months and 2 months consecutively. In this time, Leo had to stick rigidly to his recovery plan and attend all club physio sessions – no excuses.

## **Psychologically**

In an academy the pressure is intense. Contracts and scholarships only happen with good performance AND a good mentality. Bad games lead to self-doubt and fear that you're not good enough. What Leo has to do is rise above this – when he has football, he can't let anything else interfere. He can't let self-doubt affect him.

Leo sometimes deals with the pressure by imagining he is playing on a Sunday for fun and always remembering that he is there for the love of the game.

## **School**

School is the only place that Leo can be himself. Every other aspect of his life revolves around being a sportsman – because he can't train in school, he can be just Leo. This makes school really important to him as a place to socialise and be the 14-year-old boy that he is.



## Biathlon is coming to William Brookes School again!

William Brookes School are proud to continue to honour their Olympic heritage by hosting a national Biathlon qualifier event on behalf of



The event will take place on Monday 9<sup>th</sup> December, with competitors travelling across the country to take part in the event. Our WBS students also have the chance to pit themselves against some of the best in the country during the event.

We cannot wait to host this prestigious event!

## Christmas Market Ready!

It's been a busy week prepping for the Christmas Market!













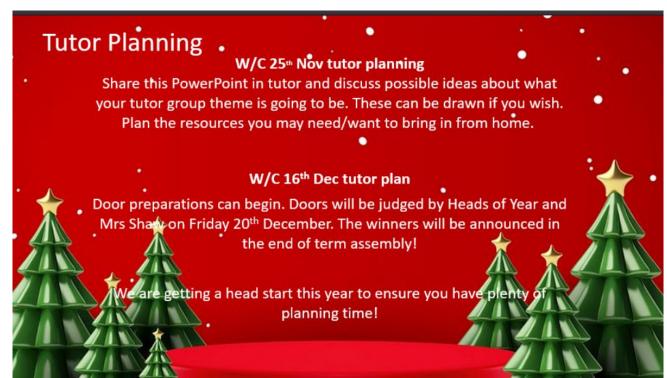
Look at Mrs
Mincher office jam packed of
goodies!

We have launched the doors challenge! During tutor period in December... we are looking forward to seeing all the creative ideas coming through! It will get us all in the festive spirit!



Start collecting resources from home to bring in to use to design the doors.







Memory Tree at William Brookes School
Christmas is a time of great joy. The giving and receiving of gifts and the coming together of families. But it can also be a time when the absence of those we have lost is more keenly felt.

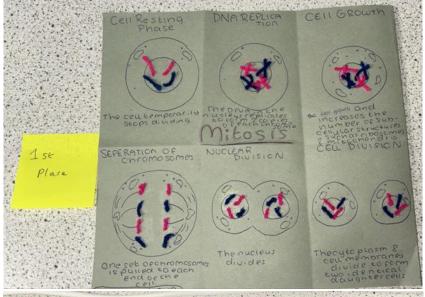
Whether it be a grandparent, parent, sibling, friend or pet, loss is something that we will all experience in our lives, yet it is something about which we seldom talk.

This year we would like to offer everyone in our community the opportunity to remember a loved one or cherished pet by adding a simple bauble to our memory tree.

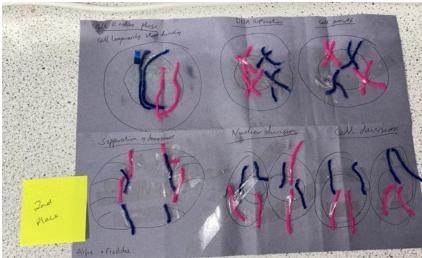
Baubles will be available from tutors next week and also from reception. You are invited to add the name of the person or pet you want to remember to the front of the bauble. Feel free to add decorations or a photograph if you would like.

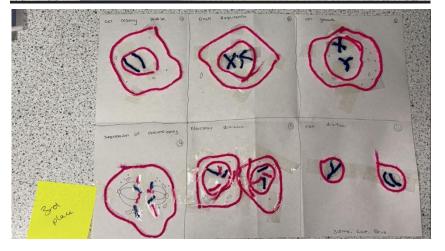
Baubles can be returned to school via tutors or reception.

Please write your initials and tutor group on the back of the bauble if you would like it returning to you in the New Year.



Celebrating excellent work in Biology. Year 10 Modelling Mitosis.







Stunning work in MFL this week.

## **Attitude to Learning Points**

Attitude to learning points are awarded every lesson for our student's engagement in lessons. Extra house points might be given for our school values: Respect, Excellence and Friendship.

The AtLs are awarded for the following:

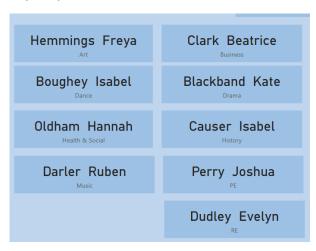
- 4 is the highest student's AtL is above and beyond what is expected in the lesson.
- 3 is the minimum expected- student's AtL shows student is on side and working as expected.
- 2 is not good student's AtL is not at the minimum expectation in a lesson.
- 1 is poor student's AtL is poor and preventing learning for themselves and others.

This week **63910** AtLs have been awarded to our student compared with **47460** last week which is fantastic to see.

## Our top 5 students so far this year:

Year 7	Year 8	Year 9	Year 10	Year 11	Year 13
Evelyn	Thea	Freya	Sam Dean-	Darcey	James
Macdonald	Wagstaff	Prytherch	Smith	Phillips	Insley
Arthur	Joel Jaimon	Milly Emery	Harry	Ruby Hinds	Ray Hems
Northridge			Collier		
Poppy Toon	Sophie	Amelia	Thomas	Megan	Andreas
	Evason	Duell	Broome	Macdonald	Mitsopoulos
Tyler	Ruby	Isabella	Claude	Elizabeth	Charlotte
Griffiths	Brown	Smith	Shields	Hill	Ball
Illia	Isla	Kitty Clark	Evelyn	Orla	James
Kozlenko	Sylvester		Dudley	McCreddin	Evans

## Top subjects



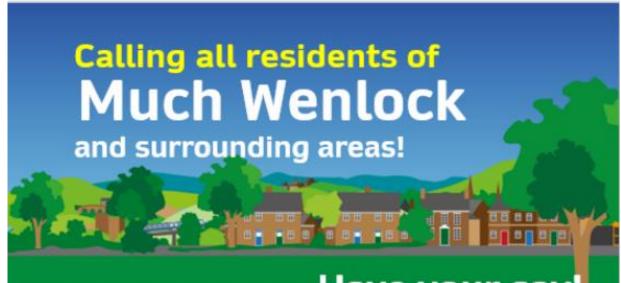
## Mobile phones





- No mobile phones seen from 8.45am to 3.20pm.
- In bags and not in pockets.
- Any mobiles seen in pockets or being used will be confiscated until the end of the day.
- Repeat offenders will need to hand in to reception at the beginning of the day.
- If you need to use your phone to contact home then you need to go to your Tutor, Head of Year or Mrs Caldwell.
- Please ask your parents not to contact you in the day, if it is an important message ring reception.

Can parents support us with reinforceing this message at home. When learning, mobile phones are a distraction – hence why we do not allow them at school.



# September Service Serv

## Have your say!

Help us and our partners understand what community, health and wellbeing means for you.

Tell us the good and not so good where you live.

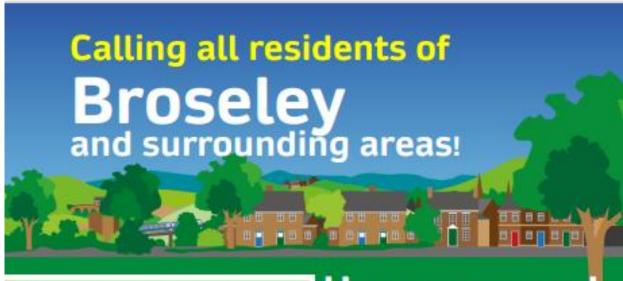
We'll use what you tell us to help make things better in your area.

You know you and your community needs best, so let us know! Scan this QR code with your smartphone/tablet or go to:

https://www.surveymonkey.com/r/ShropLocalCommunitiesSummer2024









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Recent user numbers for the messaging app Snapchat currently sit at approximately 800 million  $\square$  and figures from data gathering company Statista indicate that roughly 20% of those users are under 18  $\bigcirc$  That's a lot of young people participating in this sprawling social media platform, many of whom are potentially unaware of the associated risks.

## What You Need to Know about Snapchat | Free E-Safety guide

That's why we're releasing this week's guide – also available in podcast format for those who want to listen on the go. It can be tricky to know how to safeguard younger users on Snapchat but we aim to show you how, while also giving you in-depth knowledge of the online safety risks posed by this platform.

