

## Year 7 lesson overview

This overview has been compiled to show parents/carers the topics being taught across the curriculum to allow further support/conversations at home. If there are any sensitive topics you know may affect your child, please contact school prior to the lesson taking place, by at a couple of weeks.

	Lesson Number	Lesson Enquiry Question	Golden Knowledge
<b>Autumn 1</b>	<b>1</b>	What do I need to know about William Brookes?	Who to go to for emotional and practical support
	<b>2</b>	Who am I?	I have the right to be myself and celebrate who I am
	<b>3</b>	What makes a good friend?	Rights & responsibilities of being a good friend.
	<b>4</b>	How do I manage disagreements with my peers?	Management of conflict, reconciliation, ending relationships. In school and wider society, we should be treated with respect
	<b>5</b>	What makes a good student?	Organisation, hardworking, respectful of others' beliefs
	<b>6</b>	How do I manage disagreements with people in authority?	It is important to show respect to those in authority
<b>Autumn 2</b>	<b>1</b>	What is equality?	Rights & responsibilities of everyone
	<b>2</b>	Why are other people important?	Everyone has the right to be unique and we have the responsibility to allow them this
	<b>3</b>	What is a stereotype and why do they cause damage?	A preconceived idea about someone
	<b>4</b>	What can happen when people are not treated with equality?	Discrimination has physical, emotional and psychological effects
	<b>5</b>	What are the effects of bullying?	Bullying has physical, emotional and psychological effects
	<b>6</b>	Why am I important in preventing bullying?	Bystanders are just as important

<b>Spring 1</b>	<b>1</b>	What is a healthy diet?	Balance our food groups and if we don't there are impacts on our short-term & long-term health
	<b>2</b>	Why is sleep important?	Lack of sleep can affect our weight, mood and ability to learn
	<b>3</b>	Why is hygiene important and how can I stay clean?	Areas of our body that need to be cleaned daily including
	<b>4</b>	Why is exercise important?	Exercise has physical and mental benefits
	<b>5</b>	What is mental health and how do I talk about it?	Mental health can be treated by talking about emotions
	<b>6</b>	What decisions about my health can I make?	I can make decisions if I am Gillick competent.
<b>Spring 2</b>	<b>1</b>	What is health & safety?	Keeping you protected
	<b>2</b>	What is puberty and when will it happen?	Female and male changes to the body
	<b>3</b>	How to use sanitary products?	Tampons, sanitary towels, menstrual cups, period underwear
	<b>4</b>	How does school keep you healthy and safe?	Safeguarding, rules, environment
	<b>5</b>	SAFEGUARDING SURVEY	
	<b>6</b>	How do I keep myself safe on the road?	Pavements, cycling, crossing the road, car blind spots, using phones/headphones
	<b>7</b>	How do I keep myself safe in different locations?	Keeping safe at the beach, in the countryside and in quarries

<b>Summer 1</b>	<b>1</b>	How do I organise my learning?	Organising my books, homework, hobbies and free time
	<b>2</b>	What are my learning strengths and areas for development?	Reflecting helps us to progress
	<b>3</b>	What do I want to achieve?	Goals are something to work towards
	<b>4</b>	Why do I need to keep learning?	Learning never ends
	<b>5</b>	What skills will I need for employment?	Organisation, time-keeping
	<b>6</b>	What are my options for different types of work?	Employment and self-employment
<b>Summer 2</b>	<b>1</b>	How does plastic affect our planet?	Physical pollution and the affect on marine life
	<b>2</b>	What are alternatives to using plastic?	Reusable resources, easy to recycle and products that don't require much energy to produce
	<b>3</b>	How can we reduce the amount of plastic we have in school?	Places we use too much plastic and what we could replace it with
	<b>4</b>	How do I persuade others to reduce their amount of plastic?	Change can be made through: leaflets, protesting, voting, talking, video footage, occupying space, online campaigning, law, letters, raising awareness
	<b>5</b>	How do I persuade others to reduce their amount of plastic?	Utilising the tools of change
	<b>6</b>	Reflection on year at WBS	