WBS – GCSE PREFERENCE INFORMATION 2026 - 2028

GCSE Physical Education

Examining Board: OCR

Subject Leader: Mr Boak

Teachers: Mr Parkes, Mr Boak, Mr Wilson and Miss Johnson

Content Overview

J587/01 Physical factors affecting performance This component will assess:

- 1.1 Applied anatomy and physiology
- 1.2 Physical training

J587/02 Socio-cultural issues and sports psychology This component will assess:

- 2.1 Socio-cultural influences
- 2.2 Sports psychology
- 2.3 Health, fitness and well-being.

J587/04 Practical Performances This component will assess:

- Core and advanced skills in three activities taken from the approved lists:

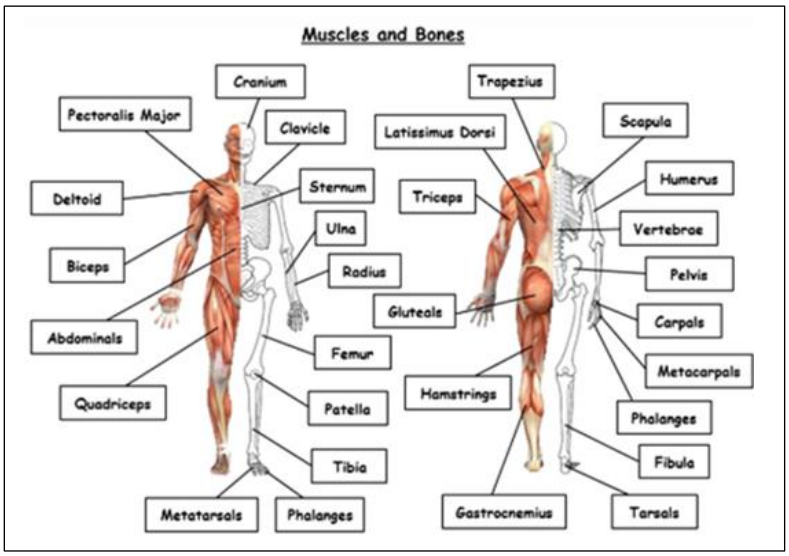
o one from the 'individual' list

o one from the 'team' list

o one other from either list

J587/05 Analysis and Evaluation of Performance

This component draws upon the knowledge, understanding and skills a student has learnt and enables them to analyse and evaluate their own or a peer's performance in one activity



Assessment Overview

Written paper: 1 hour 30% of total GCSE (9–1)

60 marks

This paper consists of a mixture of objective response and multiple-choice questions, short answers and extended response items.

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Non-exam assessment (NEA) 30% of total GCSE (9–1)

60 marks

This NEA will consist of three activities, including at least one 'team' and at least one 'individual' sport from the approved activity lists, all performed in competitive situations.

Non-exam assessment (NEA) 10% of total GCSE (9–1)

20 marks

This NEA will consist of a written task that must be produced under controlled conditions.